

**Event Specifications for Athletics New Zealand Rankings Lists  
from 1 January 2021**

<b>Implement</b>	<b>Women Senior</b>	<b>Women U20</b>	<b>Women U18</b>	<b>Men Senior</b>	<b>Men U20</b>	<b>Men U18</b>
Shot	4kg	4kg	3kg	7.26kg	6kg	5kg
Discus	1kg	1kg	1kg	2kg	1.75kg	1.5kg
Hammer	4kg	4kg	3kg	7.26kg	6kg	5kg
Javelin	600g	600g	500g	800g	800g	700g
<b>Distance</b>						
100m Hrdl	0.838m	0.838m	0.762m	-	-	-
110m Hrdl	-	-	-	1.067m	0.991m	0.914m
300m Hrdl	-	-	0.762m	-	-	0.838m
400m Hrdl	0.762m	0.762m	0.762m	0.914m	0.914m	0.838m
2000m Stpl	-	-	0.762m	-	-	0.838m
3000m Stpl	0.762m	0.762m	-	0.914m	0.914m	-